Guest Speakers: UCD Student and Community Counseling Center

Upcoming Dates:

- March 13th: Older Preschool and Kindergarten Art Show @ Tivoli Turnhalle from 5:00pm - 6:30pm.
- New open enrollment process-May 5th for anyone interested
- Week of April 6th: Summer Break sign-up all families (Break is May 18th-21st)
- Week of April 13th: Summer Semester sign-up all families-please see Emily or Rachel
- Week of April 13th: Week of the Young Child (we will have a spirit week)
- April 16th: Auraria Around the World Night 4:30pm-6:00pm. All families welcome!
- April 13th, 20th, and 27th: Love and Logic Parent Training from 3:45pm-5:45pm
- April 29th @ 12:30pm will be our next APTG Meeting.

Announcements

- Ms. Molly Hartman is our new Operations Coordinator
- Ms. Cassie Mann is our new 112 Supervising Teacher
- Molly and Cassie will both start on Monday, March 2nd. Please stop by and welcome them to AELC!

Questions/comments?

- If you have questions or would like to discuss anything please see Rachel
  Rachel.ruiz@ahec.edu.
CU Denver Student & Community Counseling Center
Tivoli 454
Hours:
Monday-Thursday: 8am-6pm
Friday: 8am-5pm
Contact Us:
303-315-7270
ucdenver.edu/counselingcenter

Health Center at Auraria
Plaza 150
Hours:
Monday-Thursday: 8am-5pm
Friday: 8am-3pm
Contact Us:
303-615-9999
healthcenter1.com

Emergencies
If you believe there is an imminent safety threat or emergency, please call the police immediately. For on-campus situations, call the Auraria Police Department directly by dialing 911 from any campus phone or at 303-556-5000 from a cell phone.
For after-hours mental health and/or victim assistance support, contact the 24/7 Criss Line at 303-615-9911 or text the word TALK to 38225.
ucdenver.edu
CU Denver

STUDENT MENTAL HEALTH RESOURCES

We know how hard CU Denver students work towards completing their degrees. We also know that students run into obstacles and roadblocks along the way and this can impact their ability to be successful. CU Denver offers several resources to help students navigate unexpected challenges and get back on track. CU Denver students, via their student fees, are eligible to be seen, free of charge, for short-term therapy at the Student and Community Counseling Center. Other available, low-cost resources are listed to the right.

CU Denver Student & Community Counseling Center
303-315-7270

The CU Denver Student and Community Counseling Center provides strength-based culturally responsive mental health services focused on relationship, support, growth and solutions. No fee counseling services are available to all enrolled CU Denver students. *(Services are provided by both licensed staff and SEHD counseling program practicum students). The Counseling Center uses a brief, goal-directed, flexible counseling model that helps students achieve their academic and personal goals. No appointment walk-in services are available. Outreach and Prevention services, including education and training, mental health screenings, consultation, wellness promotion, and community development are also provided.

CU Denver CARE Team
303-315-7306

The CU Denver CARE Team was created to address the health and safety needs of students, as well as the campus community. By providing individual case management, resource referrals and advocacy, we aim to provide early intervention to support students experiencing difficulty. If you are in need of support or would like to get support for a fellow student, please call 303-315-7306 or submit a CARE report at www.ucdenver.edu/CARE.

CU Denver Psychology Clinic
303-315-7080

The CU Denver Psychology Clinic is a training site for graduate students in the Clinical Health Psychology Ph.D. program at the University of Colorado Denver. The mission is to provide high-quality affordable care in a confidential and compassionate setting. Therapists in the clinic are doctoral students who are supervised by licensed psychologists. The training program is accredited by the American Psychological Association. Services include psychotherapy, psychological testing and assessments and health psychology services.

Health Center at Auraria
303-615-9999

The Health Center at Auraria’s mental health services are provided by all medical providers, which includes both general medicine clinicians and specialists in psychiatry. Each of these providers is licensed to prescribe medications when clinically indicated. Services include assessment, intervention and treatment for acute and/or chronic mental health needs, crisis intervention, addiction resources and medication management.