

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal* Applesauce Milk	Rice Chex Cereal* Mandarin Oranges Milk	Corn Chex Cereal* Pears Milk	Cream of Wheat* Bananas Milk	Waffles* & Maple Syrup Pineapple Milk
Lunch	Chicken Pozole*** Tortilla* Broccoli & Cauliflower Pineapple Milk	Ham & Cheese Sliced Bread*** Peas & Carrots Peaches Milk	Chinese Tomato Egg Stir Fry Rice* Green Beans Mandarin Oranges Milk	Beef Marinara*** Spaghetti* Coleslaw Applesauce Milk	Refried Beans Corn/Soft Tortilla Peas & Carrots Pears Milk
Vegetarian We substitute the meat protein with a vegetarian alternative.	Veg. Pozole	Bean Tortilla	None	Tofu Marinara	None
Snack	Blueberry Yogurt*** & Cereal*	Cucumber Sticks & Apple Slices	Goldfish Crackers* & String Cheese	Sliced Tomatoes & Cheese with Tortilla*	Sliced Turkey & Cheese with Crackers*

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- WGR or * indicates whole grain rich.
- HM or *** indicates homemade.



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