



AURARIA EARLY C	INS				Winter Menu
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Corn Chex Cereal* Oranges Milk	Bran Flakes Cereal* Pineapple Milk	Oatmeal* Peaches Milk	Rice Krispies* Pears Milk	Cream of Wheat* Bananas Milk
Lunch	BBQ Chicken*** Burger Bun* Peas & Carrots Applesauce Milk	Turkey Quesadilla Tortilla* Green Beans Pears Milk	Chicken Teriyaki*** Rice* Broccoli & Cauliflower Mandarin Oranges Milk	Breaded Fish Lemon Butter Pasta* Peas & Carrots Applesauce Milk	Beef Chili*** Tortilla* Coleslaw Peaches Milk
Vegetarian We substitute the meat protein with a vegetarian alternative.	BBQ Bean Burger	Bean Quesadilla	Tofu Teriyaki	Bean Pattie	Vegetarian Chili
Snack	Sunflower Butter & Raisins with Pita*	Strawberry Yogurt*** & Cereal*	Bananas & Graham Crackers*	Cheese Breadsticks & Marinara	Orange Wedges & Vanilla Yogurt

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- ❤ WGR or * indicates whole grain rich.
- HM or *** indicates homemade.



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