|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Wheat Flakes Cereal* Applesauce Milk | Oatmeal* Mandarin Oranges Milk | Corn Chex* Pears Milk | Waffle* <br> Bananas Milk | Scrambled Egg*** Pineapple Milk |
| Lunch | Turkey \& Cheddar Tortilla* Wrap Green Beans Peaches Milk | Herb Chicken** Alfredo Pasta** Peas \& Carrots Pineapples Milk | Black Bean Taco Tortilla* Lettuce \& Tomato Applesauce Milk | Schinkennudlen** (Ham \& Cheese) Pasta* Peas \& Carrots Peaches Milk | Hamburger Patty Bun* Coleslaw Mandarin Oranges Milk |
| Vegetarian <br> We substitute the meat protein with a vegetarian alternative. | Bean Burger | Herb Tofu | None | Tofu \& Noodles | Bean Burger |
| Snack | Brazilian Hominy ${ }^{* * *}$ \& Bananas | Pepperoni Pizza** Toast ${ }^{*}$ | Cantaloupe \& String Cheese | Blueberry Yogurt \& Cereal* | Oat \& Fruit Balls Milk |

- All milk served is unflavored. Children 2+ years old are served either low-fat ( $1 \%$ ) or fat-free milk. 1 year old children are served whole milk.
- WGR or * indicates whole grain rich.
- HM or *** indicates homemade.
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