



LAURARIA EARLY CENTER 8					Spring Menu	
	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Waffles* Oranges Milk	Corn Chex* Pears Milk	Cream of Wheat* Pineapples Milk	Wheat Flakes* Applesauce Milk	Oatmeal* Mandarin Oranges Milk	
Lunch	Marinara Beef*** Pasta* Cucumbers Peaches Milk	Raspberry Glaze*** Chicken Rice* Green Beans Applesauce Milk	Baked Fish Teriyaki Pasta* Peas & Carrots Mandarin Oranges Milk	BBQ Chicken*** Tortilla* Wrap Coleslaw Oranges Milk	Curry Beans*** Pita* Broccoli & Cauliflower Pears Milk	
Vegetarian We substitute the meat protein with a vegetarian alternative.	Marinara Tofu	Beans & Rice	Tofu & Pasta	BBQ Tofu	None	
Snack	Cantaloupe & String Cheese	Brazilian Hominy*** & Bananas	Refried Beans & Cheese Tortilla*	Strawberry Yogurt & Graham Crackers*	Cheese Pancake*** & Applesauce	

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- ❤ WGR or * indicates whole grain rich.
- HM or *** indicates homemade.



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