⇒ Introductions
⇒ Guest Speaker: Christina Sevilla - Occupational Therapist on the ASK Team
⇒ Upcoming Dates at AELC:

♦ October 31st: Halloween Parade and Room Celebrations. Parade starts at 10am. We are still asking for donations of candy, Halloween stickers/tattoos, play-dough, healthy snacks etc. We are also still in need of parent volunteers to hand out candy this morning. Please see Rachel to sign up or drop off donations.

♦ Week of November 6th: Winter Break Sign-Up. This is optional for parents that are students on campus only. Please stop at the front desk. All other families are automatically signed up for this time.

♦ Week of November 13th: Spring Semester Sign-Up. This is for ALL families at the front desk.

♦ November 14th and 21st: Parent Training: Sexual Abuse Prevention Training from 4-6 pm both nights. Please sign up at the front desk.

♦ November 15th and 16th: Vision Screenings for ALL students. Please check your email for more information.

♦ November 14th: Tentative date for fundraising items to be delivered. Please watch for more info to confirm the date.

♦ November 23rd: AELC CLOSED for Thanksgiving

⇒ Any comments or questions

⇒ Our next APTG meeting will be November 29th at 12:30pm. MiChelle McGarry, “the Potty Lady” from the PEEP Clinic (Pediatric Effective Elimination Program) will be our guest speaker.
Notes

• Our guest speaker was Christina Sevilla - Occupation Therapist on the ASK Team. Christina talked about sensory needs in young children and what to look for and be aware of if children may be trying to tell us their bodies need something.

  - People’s bodies are meant to be moving. We expect children sometimes to sit for long periods of time and it is not good for their bodies or for adult bodies.

  - Kids can demonstrate sensory needs. Children have their 5 senses but they also have 2 additional key sensory needs: Vestibular (inner ear and controls balance) and the Proprioception (body position). Body position encompasses sensors, joints, muscles, being able to walk down stairs successfully, or closing your eyes and being able to put your hands up.

  - SPD (Sensory Processing Disorder) is the way the nervous system receives messages from the senses and turns them into responses.

• Christina also talked about the ASK Team having parent questionnaires that they are able to give parents who may have concerns their child may have some sensory needs. They also recommend a sensory diet for some children depending on what sensory needs they are displaying. Some children need crunchy foods or foods that are harder to bite on to release some of the needs they are seeking. If children receive OT services early, they can learn to adapt to their environment and sometimes even outgrow it.

• We also discussed upcoming November dates. Please see the agenda and calendar for this information.

• Ms. Lisa is launching a blog soon. Please be on the lookout for this.

• Our next APTG meeting will be November 29th at 12:30 with MiChelle McGarry, “the Potty Lady” from the PEEP clinic. Please join us!