<table>
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<th>Monday</th>
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</thead>
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| **Breakfast** | Oatmeal*  
Banana  
Milk | Pancakes & Jelly*  
Mandarin Oranges  
Milk | Corn Chex Cereal*  
Pears  
Milk | Cream of Wheat*  
Peaches  
Milk | Scrambled Eggs &  
Cheese  
Pineapples  
Milk |
| **Lunch** | Salisbury Steak***  
Rice*  
Peas & Carrots  
Pineapple  
Milk | Fish Pattie  
Burger Bun*  
Green Beans  
Peaches  
Milk | Curry Tuna Salad***  
Pita*  
Corn & Carrots  
Applesauce  
Milk | Beef Marinara***  
Bowlie Pasta*  
Broccoli & Cauliflower  
Pears  
Milk | Minestrone***  
Crackers*  
Garden Salad***  
Mandarin Oranges  
Milk |
| **Vegetarian** | We substitute the meat protein with a vegetarian alternative.  
Veggie Pattie | Bean Burger | Curry Tofu | Bean Burger | Vegetarian Minestrone |
| **Snack** | Bean Dip***  
& Crackers* | Blueberry Muffin*  
with Milk | Marinara Sauce  
& Pasta* | String Cheese &  
Watermelon | Strawberry Yogurt  
& Graham Crackers* |

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- WGR or * indicates whole grain rich.
- HM or ** indicates homemade.

The AELC participates in the USDA Food Program, and is an equal opportunity provider and employer.